

## Yale Student Accessibility Services Emotional Support Animal Form

Health care providers should complete this form in support of qualified students with disabilities requesting an Emotional Support Animal to live in Yale housing.

### STUDENT INFORMATION:

Name: \_\_\_\_\_ NetID: \_\_\_\_\_  
Yale email: \_\_\_\_\_ Phone number: \_\_\_\_\_  
Residential College or Graduate/Professional School: \_\_\_\_\_  
Proposed ESA species/breed of animal: \_\_\_\_\_ Age of animal: \_\_\_\_\_

### STUDENT CONSENT:

*Student, please sign below before providing this form to your provider to complete.*

By signing below, I consent to allowing my health care provider to share with Yale Student Accessibility Services (SAS) any information relevant to my request for accommodations. SAS keeps all student disability-related information confidential, and information is only shared on a need-to-know basis with other University administrators for health and safety purposes.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

### HEALTH CARE PROVIDER:

*The remainder of this form is to be completed by the student's health care provider.*

The above-named student has indicated that you are a health care provider who supports the student having an Emotional Support Animal (ESA) accommodation at Yale to address one or more functional limitations resulting from the student's disability. The student has signed this form giving written permission for you to share information with SAS related to the student's request for an ESA accommodation. This form is confidential and will be shared only with other Yale officials with a need-to-know, or as required by law. The submission of this form does not guarantee that the student will be approved for the requested accommodation.

This form is provided as a template. Providers are welcome to add additional information. SAS will accept a letter from you in lieu of completing this form. Should you choose to write a letter, documentation must be typed in English, on letterhead, signed, and dated. Documentation should include: (i) student's diagnosis and date of diagnosis; (ii) description of the functional limitations on a major life activity; (iii) prognosis of the disability and potential triggers; (iv) mitigations to offset the functional limitations, including medications, therapy, etc.; and (v) your name, contact information and credentials. [Documentation guidelines](#) are available on the [SAS website](#). If you are writing a letter, please attach the student's signed consent to provide information to SAS from the first section above.

Thank you for your time and attention. If clarification is needed, SAS may reach out for more information using the contact information provided.

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The Fair Housing Agreement (FHA) provides for an Emotional Support Animal (ESA) to stay with its owner in a housing unit (dorm room for undergraduates or apartment for graduate and professional students). The FHA describes specific requirements that must be met before an ESA is granted these protections. The individual must have a psychiatric diagnosis consistent with the DSM-5 diagnosed by a licensed mental health professional, with whom they have a current therapeutic relationship. Additionally, the student must qualify as disabled based on the psychological condition, and the presence of the animal must ameliorate symptoms of that disability. The ESA must provide a disability-related benefit to the individual. A person with a disability is defined as someone with a physical or mental impairment that substantially limits one or more major life activities.

**DIAGNOSIS & IMPACT OF IMPAIRMENT:**

List the student's mental health diagnosis, dates of diagnosis and diagnostic tools used to determine diagnosis.

List the dates you examined and provided treatment for the student for the impairments supporting the request for an ESA.

Please describe the student's current functional limitations and treatment protocols related to this request for an ESA. Has the treatment plan mitigated the functional limitations of the student's impairments?

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## PROPOSED ESA INFORMATION:

Please note that there are Connecticut state restrictions on the kind of animal that can be approved for Yale housing. The Yale Service Animals and Emotional Support Animals policy requires ESAs to be housebroken and well-behaved. Generally, dogs must be at least 10 months old, and cats must be at least 6 months old. Dogs and cats must be spayed or neutered, and dogs and cats must have received their first rabies vaccination before living in university housing if approved. It is possible the student may be approved for an ESA but may not be allowed to bring the specific animal identified. Please review the Yale Service and Emotional Support Animals policy for complete details including student's responsibilities as the owner of the animal.

Is the identified animal already an integral part of treatment for the student? If so, how has the animal mitigated the impact of the student's disability? Have you had the opportunity to observe the student interacting with the animal?

ESAs will be required to live in an undergraduate dormitory room or a small graduate/professional student apartment. Student schedules are not always consistent. Is there evidence that the student can manage caring for the animal in these circumstances? Is there any evidence that such increased responsibilities might be counter-therapeutic for the student?

Please provide any other information about this student's disability and the accommodation request for an ESA that you believe would be helpful for SAS to consider.

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Please sign below and return to Yale Student Accessibility Services securely by FAX at 203-432-8250 or email at [sas@yale.edu](mailto:sas@yale.edu).

Name and Title: \_\_\_\_\_

License Number and area of specialization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_